



Utah
Parent
Center

Bringing Hope
Opening Doors
Elevating Inclusion

Helping Neurodiverse Children At Home

Join us free online workshop!
Tuesday January 30th
7 - 8:30 PM via Zoom

Register at bit.ly/NeurodiverseHelp

This presentation will use the "Polyvagal Theory" to help parents understand the different states of a child's brain and teach coping strategies they can use to help their neurodiverse child stay calm, learn, and connect.

Guest Speaker



Thora Moore, LMFT

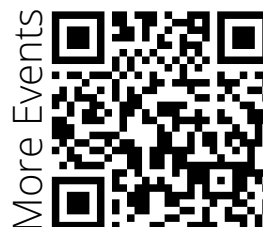
Thora is a family therapist at the Payson Family Clinic. Thora's approach to therapy is informed by Interpersonal Neurobiology and Neurodiversity. Her primary model is an experiential family therapy called Satir Growth Model, which she uses both with families and individuals. She loves to work with clients of all ages and has previously volunteered with families living with severe mental health, as well as victims of sexual assault and domestic violence. She has a soft spot for Autism, as she has multiple family members on the spectrum.

Questions?

Contact Heidi Whittaker, Parent Consultant

Serving Nebo School District

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